

29th October, 2018



Dear Parents/Caregivers

This term we are teaching sexuality education across the school. Sexuality education is a part of our Health Curriculum and is covered every 2 – 3 years. In sexuality education, young people learn about themselves and develop knowledge and skills that will help them interact in positive, respectful, and supportive ways with others. Your child will be taught a range of the Year 1 – 4 (Level 1 & 2) concepts. These concepts and examples of learning outcomes include:

Me and other people: Making friends

Overarching question: How can I have friendships that are happy and healthy?

- share and demonstrate ways to relate to friends in positive and healthy ways
- identify and demonstrate ways to overcome challenges in friendships

Me and my body: Growing and changing

Overarching question: How does my body grow and change as I get older?

- describe their stages of growth and development needs
- use correct terminology to name and describe the different parts of their bodies, including male and female genitals

Me and my body: Keeping my body clean

Overarching question: How can I keep my body clean and why do I need to?

- demonstrate increasing responsibility for self-care and positive attitudes towards their bodies
- describe and use hygiene practices to clean and care for their bodies and understand why these are important

Me and my body: Being responsible for my body

Overarching question: What does it mean to be responsible for my body?

- understand what appropriate and inappropriate touching means
- contribute to and use simple guidelines to keep themselves and others physically and emotionally safe

Me and other people: Our families – the same and different

Overarching question: How is my family the same as, and different from, other families?

- describe their family and say how it is similar and/or different to other family structures
- identify qualities of their family that make them feel good

Me and other people: Challenging gender expectations

Overarching question: Are some things just for boys and others just for girls?

- describe how they are the same as others and how they are unique
- explore and challenge gender expectations and stereotypes to support an inclusive environment

Please let your classroom teacher know if you would like to discuss any of the above or withdraw your child from any of the lessons. Students withdrawn will be placed in another classroom for supervision.

There may be questions asked by students that are not covered in our Year 1 – 4 content and we will refer these questions back to families to respond to.

Kind Regards

Team 1, 2 & 3 Teachers